

Comenius project "The Consumer Society and Youth in Europe" - 2009 – 2011..

Workshop in Bergen 1 May – 7 May 2010

General information:

Equipment:

Bring warm clothing (warm sweater, scarf, gloves, woolly cap) and shoes to walk in mountains with. Bring umbrella.

Bring USB-stick to store notes on, pen, exercise-book. Camera if you want to take photos.

Bring one photo for public transport card, Ungdomskort.

Extra info for students: Also bring your training gear. It is likely that the host students will take you to their training facilities (football, workout studio etc.) and walk in the mountains with you.

You will receive a map of Bergen, brochures containing information about what to do and a folder containing bus routes.

Indication of costs:

A single bus ticket costs 25 NOK.

Ungdomskort costs 295 NOK. A form needs to be filled in. This and a photo will be handed in at the info. Office at the bus terminal.

Teachers will need a card which is called verdikort. You pay a certain amount, minimum 200 NOK, and then you can travel 12 single trips.

Trip to the cinema on Wednesday 5 May 2010: NOK 65,- per person

Entries to museums are free for school classes as part of our programme.

Individual visits to museums cost: 50 – 60 NOK per person

A visit to the Aquarium always costs money: NOK 100,- per person

Lunch at the student cafeterias: Expect between 60 and 100 NOK (including drink).

One-way ticket to Fløyen (if you do not walk): 35 NOK

One-way ticket to the top of mount Ulriken (if you do not walk): ca. 85 NOK

Group deductions apply.

1 Euro = 8.3 NOK

Suggestion: Ask host family for lunch package every day.

Programme for workshop in Bergen 3 May – 7 May 2010.

Saturday 1 May 2010

Spanish group will arrive at Flesland at 22.30
Host families will organize transport of students from airport to their homes
Sabine will collect Spanish teachers.

Sunday 2 May 2010

Arrivals at Flesland:
Italian group will arrive at 11.50
German group will arrive at 12.10
Finnish group will arrive at 19.45

Host families will organize transport from airport to their homes.

To those arriving mid-day and in the afternoon, I suggest you take the funiculaire to Fløyen and walk back to city centre. Cafeteria open on top of Fløyen from 10.00 until 5 p.m.. From 5.00 p.m. a la carte.

<http://www.bellevue-restaurant.no/floien-folkerestaurant/>

A trip to the Griegmuseum is worth a visit ,too (open until 18.00):

<http://www.bergenartmuseum.no/default.asp?enhet=troldhaugen&sp=2>

For lovers of art I recommend Rasmus Meyer's samling and Bergen Lysverker, which will give you an overview of Norwegian art and in addition of international art. Lysverker contains many paintings by Nikolai Astrup. Rasmus Meyer's Samling, Stenersen Collection, is particularly rich in Norwegian 19th century art.

http://maps.google.no/maps?f=q&source=s_q&gl=no&hl=no&g=Kong+Oscars+gate+22%2C+5017+Bergen&q=Rasmus+Meyers+Samling&btnG=Søk+i+kart (open until 16.00)

You may also just want to visit the Aquarium:

http://maps.google.no/maps?f=q&source=s_q&gl=no&hl=no&g=Kong+Oscars+gate+59%2C+5017+Bergen&q=Sardinien%2C+Verftet%2C+Bergen&btnG=Søk+i+kart

Or relax over a meal at Kaffe Kippers, Georgenes Verft, Nordnes:

http://maps.google.no/maps?f=q&source=s_q&gl=no&hl=no&g=Kong+Oscars+gate+59%2C+5017+Bergen&q=Sardinien%2C+Verftet%2C+Bergen&btnG=Søk+i+kart

Eating out in the evening – a few suggestions:

Bryggeloftet (traditional Norwegian food), Bryggen 11

På Høyden (vegetarian food only), Fosswinckel gt. 18

Zupperia (good at soups and Vietnamese food), the new restaurant in Vaskerelven

Dvyekes vinkjeller (winebar), Hollender gt. 7

I have not included a list of top range (as to price) restaurants. You will find them in the folder I have prepared for you.

Monday 3 May 2010

Information on transport for the teachers staying at Holberg Comfort Hotel:

The bus stop is close to where you stay.

Bus to Åsane terminal from the bus stop at the fish market on the opposite side of the fishmarket

Busses 70,80,90 stop there. It takes about 20-25 minutes.

You get off at Åsane terminal, pass the subway (Unterführung), pass Åsane senter indoor shops, pass the church Åsane kirke. Opposite the church you will find U. Pihl videregående skole.

(More info later.)

Students take their guests to school. At all times: No delays, please. Be on time.

8.00 – 9.20 welcome meeting in the school's cafeteria

Introduction to the Norwegian school system

Introduction to the key concepts of our workshop in brief key note talks delivered by pupils of U. Pihl and teachers

Meet the press at 15.00 (Åsane Tidende)

9.45 – 11.25

teachers and pupils attend classes (information on extra sheet)

11.25 – 11.55 lunch break in staff room; pupils spend their break together with their Norwegian hosts in the school's cafeteria

11.55 – 15.20

workshop (1) in cafeteria

presentations of results so far

planning and preparing the week (six teams – see extra sheet)

summing up first session

passing on information about Tuesday 4 May 2010

the afternoon at your disposal

suggestion :

walking trip to Fløyen or Ulriken or training with your host

Suggestion: Kaffe Kippers at 18.30

Tuesday 4 May 2010

Lecture by Prof. Halstensen about tattooing and piercing and lecture by post. doc. Gulbrandsen about the effect of nutrition on our bodies

8.45 – 10.15 at Haukeland sykehus, Sentralblokk

11.00 – 11.30

Field trips:

team 1 - tattoo and piercing studio; Strandgate 88

team 2 – **11.30 – 12.00** Consumer Council, Valkendorfsgt. 6,

team 3 - Workout/body building centre SATS, Lars Hilles gt.

team 4 - hair dresser's,

team 5 – SunStudio,

team 6 - skin treatment

kl. 12.30 – 13.30

all teams: visit to multinational company Rieber and Sons, Nøstegt.

Kl. 14.00 – 15.00

All teams:

Lepramuseum, Kong Oscars gt. 59

afternoon and evening free

Suggestion:

Teachers take a trip to Ulriken top

Wednesday 5 May 2010

8.00 – 10.30 classes (see extra sheet)

10.40 - 11.15

team 1: interviews student (André) specializing in sports - at U. Pihl school

team 2: interviews Kjerstin Drivenes at ICAMaxi – at Åsane senter

team 3: interviews teacher (Mario) having a tattoo – at U. Pihl school

team 4: interviews student (Veronica) having a piercing – at U. Pihl school at **8.45**

team 4 will then go into town to interview manager of Kinsarvik fruktutsalg from 10.00 -11.00, Olav Kyrres gt. 47

team 5: interviews a representative of bailine at Åsane senter at 10.40

team 6: interviews sports teacher (Ove) on anorexia, bulimia and other illnesses - at U. Pihl

Lunch – waffles

trip into town – 11.40 we leave school at 11.40 sharp, meet up outside main entrance (no delays, please)

12.30 – 13.30

Permanenten, Vestlandske Industrimuseum,

Guided tour of the exhibition: “Man and things”- Mennesket og tingene.

Workshop (2)

14.00 – 15.20

rom 7

summing up, writing reports, preparing for Thursday

14.00 – 15.00 foreign teachers meet teachers at U. Pihl school and present their respective school systems/schools

All: Cinema Evening

(65 NOK per pupil, teachers go free)

film to be announced later at ca. 18h30 – 20.30

Thursday 6 May 2010

8.00 – 10.00 **Workshop (3)** at U. Pihl school, summing up, evaluating material; all students + teachers;

At 10.00 trip to the centre of Bergen

11.00 – 12.00

food, health and beauty in the Middle Ages at Bryggen Museum
guided visit

we return to school

13.00 – 15.20 workshop (4)

summing up workshop so far, preparing for Friday

Students: afternoon and evening at your own disposal

Suggestion. Students get together since the Spanish students and teachers will leave on Friday at 10.40

Friday 7 May 2010

Spanish teachers and students leave at 10.40 in the morning

There is an airport bus from the centre of town. It will take 30 minutes to get to the airport by bus.

All the others meet up at school:

9.00 – 10.00 meeting at Mattilsynet (the State's food and drug agency) at Bontelabo 8, lecture hall in the Fisheries Museum

Eat your lunch packages!!

11.00 – 12.00 lecture by Assoc. Professor Voelstad on fisheries dynamics at the Marine Research Institute, Nordnes

12.30 – 13.30 guided visit to Rasmus Meyer's Samlinger – focus on Norwegian art

Students: afternoon and evening free –

Teachers' farewell party at Sabine's house at 7.30 p.m.

Saturday 8 May 2010

Departures from Flesland:

Guests should be at the airport an hour and a half in advance if they have not checked in luggage beforehand on the computer

Finnish group: at 6 a.m.

Sabine will collect the Finnish teachers at 4.15 a.m.

**Italian group: at 12.30 -
German group: at 13.30**

Sabine will collect the Italian teachers and German teachers at 10.30

Host families should organize/coordinate transport of guest pupils to airport.