

## **We met André at U.Pihl Videregående Skole on a sunny and shiny day.**

André is a student at U.Pihl, and in his free time he likes to train and play handball. He started five years ago.

The handball season ended two weeks ago, but he still trains 2-3 times a day, about 3-4 hours, but not that much in the weekends. For that he needs much food so he can get enough calories to burn while training. He just does normal warm-ups like running or football, ca. 15-20 minutes before every training.

He likes to listen to rock while he trains. He is not very concerned about his health, but he doesn't smoke or snus. He drinks, but just occasionally.

No pain, no gain? So true!

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## **Body cult: Discussion of the results of the questionnaire**

compare with the website of the project

4. When it comes to practicing sports every day Norway was the only country to almost have a majority of the students doing this, while the other countries, except from Spain and Finland, didn't have any big amount of students doing this. The majority in every country practiced sports three times a week, witch is pretty good.

5. Usually most of the students have a balanced diet, but the Finnish students have not really a balanced diet, with a majority answering that they don't have a balanced diet.

6. In almost every country there was a majority of students who didn't smoke, and in Norway a amazing 100 % of the girls didn't smoke. 95 % of the boys didn't smoke, and the rest 5 % answered "no answer".

9. Every single country had a majority of students who either don't like commercials or ignore commercials.

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## **Tattoo artist**

We met a tattoo artist in Strandgaten and got an interview from a young tattoo artist. We asked questions about the tattoos and the piercings.

At first we asked why she wanted to become a tattooist.

She answered that she loves to draw and in her job it's always new challenges.

Second we asked her if there is any need for a special education? She said that there is no need for any kind of academic studies, but you need the talent to draw and love for the job.

We asked if there is any favourite place to tattoo a customer. She answered that the leg is her favourite place to tattoo the customer is the leg. The reason was that it is easy to approach.

At last we asked her if there was any risk by having a tattoo. She said that it could be, but if the customers did as they were told to and treated the tattoo with care. A tattoo could get infections, so it's important to keep the tattoo protected and covered.